

APA 7th Ed. – A Detailed Guide

(NOTE: green numbers in brackets correspond to the section in the APA Manual)

FORMATING	
<p>Abbreviations in the narrative When using the term the first time, spell out the term then place the abbreviation in parentheses (). For subsequent uses, use the abbreviation. (6.25, p. 173)</p>	<p>Chronic obstructive pulmonary disease (COPD)</p>
<p>Abbreviations within parentheses where the full term is used. When the term is used within parentheses as part of the narration use square brackets [] (6.25, p. 173)</p>	<p>(i.e. attention-deficit/hyperactivity disorder [ADHD])</p>
<p>Abbreviations within an in-text citation When a corporate name is used within an in-text citation, use square brackets []. NOTE: Use the full name in the reference list. (8.21, p. 268)</p>	<p>(Ministry of Health [MoH], 2019).</p>
IN-TEXT CITATION	
<p>3 or more authors At all times, list first author followed by et al. (8.17, p. 266)</p>	<p>(Kessler et al., 2003) OR Kessler et al. (2003) stated...</p>
<p>Secondary sources If date of original work is known, include both dates. (8.6, p. 258)</p>	<p>(Bendz et al., 1990, as cited in Olson et al., 2004). OR Bendz et al. (1990, as cited in Olson et al., 2004) showed...</p>
REFERENCE LIST	
<p>Authors Include all authors up to and including 20. (9.8, p. 286)</p>	<p>Rivas-Drake, D., Seaton, E. K., Markstrom, C., Quintana, S., Syed, M., Lee, R. M., Schwartz, S. J., Umaña-Taylor, A. J., French, S., & Tiffany Yip, T. (2014). Ethnic and racial identity in adolescence: Implications for psychosocial, academic, and health outcomes. <i>Child Development</i>, 85(1), 40-57. https://doi.org/10.1111/cdev.122000</p>

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<p>Authors 21 or more authors – list the first 19...and then the last author. (9.8, p. 286)</p>	<p>Nixon, C. A., Lorenz, R. D., Achterberg, R. K., Buch A., Coll, P., Clark, R. N., Courtin, R., Hayes, A., less L., Johnson, R. E., Lopes, R. M. C., Mastrogiuseppe, M., Mandt, K., Mitchell, D. G., Raulin, F., Rymer, A. M., Todd Smith, H., Solomonidou, A., Sotin, C., ... Yelle, R. V. (2018). Titan’s cold case files: Outstanding questions after Cassini-Huygens. <i>Planetary and Space Science</i>, 55, 50-72. https://doi.org/10.1016/j.pss.2018.02.009</p>
<p>SERIAL/JOURNAL ARTICLES Author. (date). Title. Serial Information. Doi or url</p>	
<p>Issue numbers Include the issue number for all journals that have issue numbers. (9.25, p. 294)</p>	<p>Gabbett, T., Jenkins, D., & Abernethy, B. (2010). Physical collisions and injury during professional rugby league skills training. <i>Journal of Science and Medicine in Sport</i>, 13(6), 578-583.</p>
<p>DOIs (Digital Object Identifiers) Use only the https://doi.org/xxxx format. (9.30, p. 296; 9.34, p. 289; and 10.1.1, p.317)</p>	<p>Gabbett, T., Jenkins, D., & Abernethy, B. (2010). Physical collisions and injury during professional rugby league skills training. <i>Journal of Science and Medicine in Sport</i>, 13(6), 578-583. https://doi.org/10.1013.j.jsams.2010.03.007</p>
<p>URLs (web address) If there is no DOI use the URL to the article. NOTE: Do not use Retrieved from (9.30, p. 296; 9.34, p. 298; and 10.1.2, p. 317)</p>	<p>Crooks, C., Ameratunga, R., Brewerton, M., Torok, M., Buetow, S., Brothers, S., Jorgensen, P. (2010). Adverse reactions to food in New Zealand children aged 0-5 years. <i>New Zealand Medical Journal</i>, 123(1327). http://www.nzma.org.nz/journal/123-1327/4469/</p>
<p>Article with no Doi from an academic database (e.g. EbscoHost, Google Scholar) Do not include database name or url. (9.30, p. 296; 9.34, p. 298; and 10.1.3, p. 317)</p>	<p>Sillick, T. J., & Schutte, N. S. (2006). Emotional intelligence and self-esteem mediate between perceived early parental love and happiness. <i>E-Journal of Applied Psychology</i>, 2(2), 38-48.</p>
<p>Article numbers If a journal has an article number or e-locator, write the word Article and then the number instead of the page range. (9.30, p. 296; 9.34, p. 298; and 10.1.6, p. 318)</p>	<p>Aggrey, S. E., Milfort, M.C., Fuller, A. L., Yuan, J., & Rekaya, R. (2019). Effect of host genotype and emireria acervulina infection on the metabolome of meat-type chickens. <i>PLoS One</i>, 14(10), Article e0223417. https://doi.org/journal.pone.0223417</p>
<p>BOOKS Author/editor. (date). Title. Publisher information. Doi or url (if there is one)</p>	
<p>Date Use the copyright date (not date of publication). (9.13, p. 289)</p>	<p>Whitney, E., & Rolfes, S. (2011). <i>Understanding nutrition</i> (12th ed.). Wadsworth Cengage Learning.</p>

<p>Place of publication Place of publication is no longer required. (9.29, p. 295)</p>	<p>Watson, R., McKenna, H., Cowman S., & Keady, K. (Eds.). (2008). <i>Nursing research: Designs and methods</i>. Churchill Livingstone Elsevier.</p>
<p>More than one publisher If there is more than one publisher, list them all in the order that they appear, separated by a semi-colon. (9.29, p. 295; and 10.2.24, p. 322)</p>	<p>Weiss, P & Taruskin, R. (1984). <i>Music in the Western World: A history in documents</i>. Shirmer Books; Collier Macmillan.</p>
<p>Edited book Place (Ed.) or (Eds.) after the authors name(s). (10.25, p. 322)</p>	<p>Aspinall, V. (Ed.). (2014). <i>Clinical procedures in veterinary nursing</i> (3rd ed.). Elsevier.</p>
<p>DOI If a book has a Doi, include this. (10.2.20, p. 321)</p>	<p>Brown, L. S. (2018). <i>Feminist therapy</i> (2nd ed.). American Psychological Association. https://doi.org/10.1037/0000092-000</p>
<p>ebooks If the content is the same as the print version, do not add in device type. (10.2.22, p. 321)</p>	<p>Sadun, E., Grothaus, M., & Sande, S. (2011). <i>Taking your iPad 2 to the max</i> (2nd ed.). Apress. https://books.google.co.nz/books?id=fGkeRVNYMJMC&dq=Taking+your+iPad+2+to+the+max+(2nd+ed.)&source=gbs_navlinks_s</p>
<p>Chapter in an edited book Chapter author. (Date). Chapter title. Edited book editors. <i>Edited book Information</i>. Publisher name. doi or url if there is one. (10.2.39, p. 326)</p>	<p>Palmer, F. (2007). Treaty principles and Maori sport: Contemporary issues. In C. Collins & S. Jackson (Eds.), <i>Sport in Aotearoa/New Zealand society</i> (2nd ed., pp. 307-334). Thomson.</p>
<p>Diagnostic Manual (e.g. DSMIV) When the author and publisher are the same, omit the publisher from the source element. (10.2.32, p. 324)</p>	<p>American Psychiatric Association. (1994). <i>Diagnostic and statistical manual of mental disorders</i> (4th ed.).</p>
<p>Religious works (e.g. the Bible, Qur'an etc...) Author – usually treated as having no author. Date after the title – use the republished date. Page numbers – use the chapter and verse instead of page numbers. (8.13, p. 264; 8.28, p. 273; 9.42, p. 302; and 10.2.35, p. 325)</p>	<p>The Bible: In-text: (King James Bible, 1769/2017, 1 Cor.13:1). Reference list: <i>King James Bible</i>. (2017). King James Bible Online. https://kingjamesbibleonline.org/ (Original work published 1769)</p>

WEBPAGES AND WEBSITES

Author. (date). Title. Website name. url

- Only use this category if there is no other reference category to fit
- If citing multiple webpages from a website, create a separate reference for each page
- The author may be determined from the context or “about us page”
- Date: can be (year, month and day); (year and month); or (year) only.
- Include retrieval date only when material is likely to change overtime and the page is not archived
(10.16, p. 350)

Mentioning a website in general

Provide the name of the website in the text and the URL in parentheses

Do not include in reference list
(8.22, p. 268; and 10.16, p. 350)

We created our questionnaire using Survey Monkey (<https://www.surveymonkey.com>).

Author and site name the same

Omit the site name after the title.
(10.16, p. 350)

World Health Organisation. (2019). *Ebola virus disease*.
https://www.who.int/health-topics/ebola/#tab=tab_1

Webpage on a news website

(e.g. Stuff.co.nz)

Note: The title of the article is italicised.

(10.16.110, p. 351)

Te, M. (2019, November 26). *Group 'gobsmacked' to see driver making u-turn on Wellington motorway*. Stuff.
<https://www.stuff.co.nz/motoring/news/117707910/group-gobsmacked-to-see-driver-making-uturn-on-wellington-motorway>

Article from online newspaper

(e.g. Manawatu Standard)

Note: The title of the newspaper is italicised.

(10.1.16, p. 320)

Preston, N. (2019, November 26). Family of girl who lost an eye battles ACC over its ‘flawed’ process. *NZ Herald*.
https://www.nzherald.co.nz/nz/news/article.cfm?c_id=1&objectid=12287946

Webpage on a website with an individual author

Include the name of the website after the webpage title.

(10.16.112, p. 351)

O’Flynn, D. (2019). *Art as healing: Edward Adamson*. Rawvision. <https://rawvision.com/articles/art-healing-edward-adamson>

Report by a government agency or other organization

(10.4.50, p. 329)

Ministry of Health. (2019). *New Zealand Cancer Action Plan 2019-2029*.
<https://www.health.govt.nz/publication/new-zealand-cancer-action-plan-2019-2029>

Code of Ethics/Conduct

(10.4.55, p. 330)

Nursing Council of New Zealand. (2012). *Code of Conduct for nurses*.

https://www.nursingcouncil.org.nz/Public/Nursing/Code_of_Conduct/NCNZ/nursing-section/Code_of_Conduct.aspx?hkey=7fe9d496-9c08-4004-8397-d98bd774ef1b

SOCIAL MEDIA Author and tag. (date). Title. Social media site name. url	
Twitter If the tweet includes images, gifs, etc., indicate that in square brackets after the title. (10.15.103, p. 348)	Global Health 50/50 [@GlobalHealth5050]. (2019, November 27). <i>We are honoured to have @helenafortes on our judging panel</i> [Image attached] [Tweet]. Twitter. https://twitter.com/GlobalHlth5050
Social Media Post (Including Facebook, LinkedIn etc...) If post includes images, gifs, etc., from other sources, indicate this in square brackets. Include social media type (e.g. Facebook) (10.15.105, p. 349)	Universal College of Learning. (2019, November 26). <i>Flavour of cultures is fast approaching</i> [Image attached] [Status update]. Facebook. https://www.facebook.com/UCOLNZ/?_tn=%2Cd%2CP-R&eid=ARA9rXdB6uw4WL4Q0KU6NYI_36BqUy26f0IK1RV1Zmi5Y_P59872BzhJLVkzHCEMWVC-h5T2bg_L1lyn
Instagram photo or video (10.15.107, p. 350)	Venturebeat [@venturebeat]. (2019, October 17). <i>This is the Pixel 4</i> [Photograph]. Instagram. https://www.instagram.com/p/B3tHPw-JpcR/
Pinterest (10.15.105, p. 349)	Vimdecor.com. (2019, May 30). <i>45+ gorgeous eye makeup looks ideas</i> . Pinterest. https://www.pinterest.nz/pin/33931815317275896/
Blog post If full name is given, include initial. (10.1.17, p. 320)	Lindsay. (2019, November 20). The best instant pot mashed potatoes. <i>Pinch of Yum</i> . https://pinchofyum.com/instant-pot-mashed-potatoes
AUDIOVISUAL WORKS Author. (Date). Title. Publisher. url	
Film The director is credited as the author. If there is no director given, someone in a similar role can be credited as the author. (10.12.84, p. 342)	Jackson, P. (Director). (2001). <i>The lord of the rings: The fellowship of the ring</i> [Film; four-disc special extended ed. on DVD]. WingNut Films; The Saul Zaentz Company.
YouTube video or other streaming video The person or group who uploaded the video are credited as the author. (10.12.90, p. 344)	Vogue. (2017, December 28). <i>45 beauty secrets in 5 minutes</i> [Video]. YouTube. https://www.youtube.com/watch?v=yThFcog0nA
Photograph Use this format for photographs not held by museums. Use the name of the website the photograph comes from as the source. (10.14.101, p. 347)	Melford, M. (2019). <i>Night lights</i> [Photograph]. National Geographic. https://www.nationalgeographic.com/photography/photo-of-the-day/2019/11/alaska-northern-lights-night/

<p>Untitled photograph Include a description in square brackets in place of the title.</p> <p>(10.14.101, p. 347)</p>	<p>Goew, T. (n.d.). [Girl watching behind boy holding smartphone]. Unsplash. https://www.nationalgeographic.com/photography/photo-of-the-day/2019/11/alaska-northern-lights-night/</p>
<p>Artwork in a museum or on a museum website (10.14.97, p. 346)</p>	<p>Hodgkins, F. (1929-1930). <i>The farmer's daughter: Portrait of Annie Coggan</i> [Oil on canvas laid on board]. Dunedin Public Art Gallery. http://collection.dunedin.art.museum/search.do?view=label&keyword=Frances%20Hodgkins%20Portrait%20of%20Annie%20coggan&db=object</p>
<p>Clip art or stock image</p> <p>Note: no citation or copyright attribution is required for clip art from programmes like Microsoft Word or PowerPoint</p> <p>(10.14.98, p. 346)</p>	<p>New York Public Library. (n.d.). <i>Story time</i> [Clip art]. Free clipart. https://www.google.com/search?rlz=1C1CHBD_enNZ864NZ865&q=free+clipart&tbm=isch&source=univ&sa=X&ved=2ahUKEwjc3M33oYvmAhWg8HMBHUmMDCIQsAR6BAgKEAE&biw=1680&bih=939#imgdii=OEj7ek2uM2y88M:&imgsrc=LNIJokEjMiNXcM:</p>
<p>PowerPoint slides or lecture notes (10.14.102, p. 347)</p>	<p>Cleland, S. (2019). <i>1102 technical support fundamentals</i> [PowerPoint slides]. Moodle. https://moodle.ucol.ac.nz/mod/resource/view.php?id=379338</p>
<p align="center">Computer software, Apps etc...</p> <p align="center">Software: Author. (date). Title of software. Publisher. url</p> <p align="center">Mobile App: Author. (date). Title of App. Source. url</p>	
<p>Software Common software (e.g. Word, Excel) do not need in-text citations.</p> <p>If you have quoted from or paraphrased any software include these in your reference list.</p> <p>(10.10.77, p. 339)</p>	<p>Borenstein, M., Hedges, L., Higgins, J., & Rothstein, H. (2014). <i>Comprehensive meta-analysis</i> (Version 3.3.070) [Computer software]. Biostat. https://www.meta-analysis.com/</p>
<p>Mobile app Common mobile apps (e.g. Facebook or Twitter apps) do not need in-text citations.</p> <p>If you have quoted from or paraphrased any App include these in your reference list.</p> <p>(10.10.79, p. 340)</p>	<p>Epocrates. (2019). <i>Epocrates medical references</i> (Version 18.12) [Mobile app]. App Store. https://itunes.apple.com/us/app/epocrates/id281935788?mt=8</p>

Legal documents – Acts, treaties, standards Name of Act. Section number (if applicable). (Date). url	
Acts (Laws) Year: This refers to the year the Act was published in the source being cited. (11.5.8-13, p. 361-362)	Health and Safety in Employment Act 2015, No. 70. (2018), http://www.legislation.govt.nz/act/public/2015/0070/latest/DLM5976660.html
Standards (11.7.19, p. 365)	Health and Disability Services (general) Standard, NZS 8134.0:2008. (2008). https://shop.standards.govt.nz/catalog/8134.0%3A2008%28NZS%29/view
Treaty Name of treaty, signing date, url if applicable. (11.10.29, p. 368)	Treaty of Waitangi, February 6, 1840, http://www.treatyofwaitangi.maori.nz/